

6 KEY BENEFITS OF HAVING YOUR OWN BUSINESS COACH

1. Being able to get ahead and stay ahead

Very few people are happy with the way their job or their business is going, especially in these challenging times.



Almost everybody feels under pressure to be more skilled and competitive in order to climb their career or business ladder. Unlocking potential, enhancing confidence, and personal growth are all within your coach's expertise: they can help you to get promoted, start your own business or be a confident leader.

2. Having the right solutions to any work or business problem

Women who have their own Business Coach have a confidential sounding board - someone to bounce ideas off, someone who is experienced in helping people to make the best decisions with the best possible outcomes, someone who, when asked, is able to provide impartial, expert advice. For women who want to succeed in these difficult times, making good career or business decisions is vital.

3. Feeling more motivated even when times are tough



Do you know what drives you that can sustain you through any ups and downs? Your Business Coach will help you to discover your values, your personal vision and your mission, and your work will become much more fulfilling and meaningful. In addition, you will also be 100% focused on your success!

4. Having more time, less stress and better work-life balance

One of the main reasons why people hire a Business Coach is to save themselves time, or achieve more in less time. Balancing a job or business with other commitments can be a very stressful juggling act for busy women. Knowing when to say, "No" and how to be more effective and efficient can help women to reduce their workloads, yet be more productive, less stressed and happier.

5. Having more visibility and a stronger personal brand.

Knowing what makes you unique and able to stand out from the crowd can make all the difference in business. When coupled with increased confidence, it enables women to make a bigger impact and attract new career opportunities or new business.

6. Having strong relationships at work and in your wider network.

Whether it's about communicating, negotiating, networking, being assertive or developing effective leadership, your coach can help you to fast-track your relationship building skills. In fact, one of the most important business relationships you will ever make is the one with your coach!

Ute Wieczorek-King

www.successnetwork.org.uk | ute@successnetwork.org.uk | 07729 212299

Business / Career Coach & Trainer

Personal / Career Development, Time Management and Personal Effectiveness for Women in Business